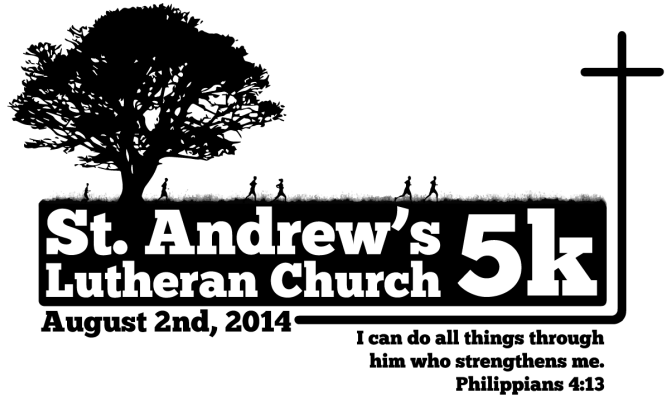


St. Andrew's Cross Country 5k

- ◆ August 2, 2014
 - ◆ Columbus County Park
(1670 Bauman Road, Columbus, MI)
 - ◆ Check-in from 8-8:30am
 - ◆ Race begins at 9am
 - ◆ **FREE T-Shirt** if registered by July 18, 2014
- Cost until July 18
Ages 18+ (\$20) / Ages 17 and under (\$10)
- Cost after July 18
Ages 18+ (\$25) / Ages 17 and under (\$15)



(Send Bottom Portion Of Form With Payment)

If you like to run in the beauty of God's creation, this 5k race is for you Situated along the banks of the Belle River in Columbus Township, the beautiful tree-covered trails include gravel paths and a dirt/grass single-track.

Name: _____ Male or Female

Date of Birth: _____ Age (on Race Day) _____

Address: _____ Phone #: _____

City: _____ State: _____ Zip: _____

Email: _____

Adult T-Shirt Size: Small _____ Medium _____ Large _____ X-Large _____
Youth T-Shirt Size: Small _____ Medium _____ Large _____

WAIVER: I know that running a race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release St. Andrew's Lutheran Church, Columbus Twp., St. Clair County, St. Clair County Parks & Rec., Road Runner Timing and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent's If Under Age 18)

Date



Make Check Payable/Mail To:

St. Andrew's Lutheran Church
P.O. Box 52, Memphis, MI 48041

www.standrememphis.org